

Allergens

The table shows the allergens contained in the dishes. Please note that all dishes may contain milk, eggs, peanuts, tree nuts, soy, fish, shellfish, sesame, gluten, mustard and sulfites.

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Appetizers (dip not included)										
Chicken wings										
Garlic sticks	X				X			X		
Garlic sticks with cheese	X				X			X		
Cheese sticks	X				X			X	X	
Chicken bites								X		
Neapolitan shrimp au gratin	X				X	X			X	
Neapolitan shrimp au gratin with vegan cheese	X				X	X			X	
Mix Mikes	X	X			X	X		X	X	
Vegetable juice										
Tomato juice										
Onion rings					X			X		
Bruschetta pizza rolls	X	X			X			X	X	
Dips / sauces										
Pizza oil					X					
Submarine oil										
Spicy mustard					X			X		X
Basil aioli dip		X								
South-west dip										
South-west dip	X	X								
Kansas sauce										X
Neapolitan sauce										
Sweet & spicy sauce										
Sauce tao					X		X		X	
Tartar sauce		X								X

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Soups										
Tomato & basil bisque	X							X		
Cream of broccoli	X				X			X		
Homemade vegetable and beef soup		X			X			X		
French onion soup					X					
French onion soup au gratin	X				X			X		
Minestrone soup	X	X						X		
Parmentier soup with bacon	X				X			X		
Chicken noodle soup		X			X			X		
Sides										
Waffle chips										
Fries					X					
Seasoned fries					X			X		
Cesar salad	X	X			X	X		X	X	X
House salad, no dressing										
Salads										
Chicken Caesar	X	X			X	X		X	X	X
Caesar with vegan protein	X	X			X	X		X		X
Fresh-Thai					X		X	X	X	
Pasta (no bread roll)										
Cavatappi au gratin	X							X	X	
You're the chef! Alfredo sauce	X							X	X	
You're the chef! Alfredo sauce with chicken	X				X			X	X	
You're the chef! Neapolitan sauce								X	X	
You're the chef! Neapolitan sauce with chicken strips	X				X			X	X	
You're the chef! Rosé sauce	X							X	X	
You're the chef! Rosé sauce with chicken strips	X				X			X	X	
Lasagna classic	X	X						X	X	
Linguini carbonara	X				X			X	X	
Seafood Linguini	X	X			X	X		X	X	
Classic Mac & cheese	X				X			X		
Chicken & broccoli penne	X				X			X	X	

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Vegan protein & broccoli penne	X				X			X	X	
Spaghettini bolognese								X	X	
Tortellini with rosée sauce and smoked bacon	X	X						X	X	
Pizzas										
Carnivore	X	X			X			X		
Carnivore (cauliflower crust)	X	X			X			X		
Carnivore (vegan cheese)	X	X			X			X		
Sea food	X	X			X	X		X	X	
Sea food (cauliflower crust)	X	X			X	X		X	X	
Sea food (vegan cheese)	X	X			X	X		X	X	
Internationale	X	X			X			X		
Internationale (cauliflower crust)	X	X						X		
Internationale (vegan cheese)	X	X			X			X		
Field of dreams	X	X			X			X	X	
Field of dreams (cauliflower crust)	X	X							X	
Field of dreams (vegan cheese)	X	X			X			X	X	
Neapolitan	X	X			X			X		
Neapolitan (cauliflower crust)	X	X								
Neapolitan (vegan cheese)	X	X			X			X		
Pepperoni	X	X			X			X		
Pepperoni (cauliflower crust)	X	X						X		
Pepperoni (vegan cheese)	X	X			X			X		
Pepperoni & smoked bacon	X	X			X			X		
Pepperoni & smoked bacon (cauliflower crust)	X	X						X		
Pepperoni & smoked bacon (vegan cheese)	X	X			X			X		
BBQ chicken & bacon	X	X			X			X		X
BBQ Chicken & bacon (cauliflower crust)	X	X								X
Pepperoni (vegan cheese)	X	X			X			X		X
BBQ chicken with vegan protein	X	X			X			X		X
BBQ chicken with vegan protein (cauliflower crust)	X	X			X			X		X
BBQ chicken with vegan protein (vegan cheese)	X	X			X			X		X
Philly steak	X	X			X			X		

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Philly sauce (cauliflower crust)	X	X			X			X		
Philly steak (vegan cheese)	X	X			X			X		
All-dressed	X	X			X			X		
All-dressed (cauliflower crust)	X	X						X		
All-dressed (vegan cheese)	X	X			X			X		
Vegetarian with vegan protein (cauliflower crust)	X	X			X			X	X	
Vegetarian	X	X			X			X		
Vegetarian (cauliflower crust)	X	X								
Vegetarian (vegan cheese)	X	X			X			X		
Submarine										
Co-Star®	X				X			X		
Foccacia club cantonnier	X	X			X			X		
Foccacia club cantonnier vegan protein	X	X			X			X		
Hot Luke®	X				X			X		
Field of dreams	X				X			X	X	
Field of dreams with chicken strips	X				X			X	X	
Field of dreams with vegan protein	X				X			X	X	
Superstar®	X				X			X		
Western	X				X			X		
Poutines										
Italian Poutine	X				X					
Superstar® Poutine	X	X			X			X		X
Taste-Thai Poutine	X	X			X		X	X	X	X
Traditional Poutine	X	X			X			X		X
Duetto										
Seafood casserole (no sides)	X	X			X	X		X	X	
Crevettes au gratin (sans accompagnement)	X				X	X			X	
Crevettes au gratin avec fromage végétalien (sans accompagnement)	X				X	X			X	
Fried chicken fingers	X	X			X	X		X		X
Fish & chips with tartar sauce (no sides)	X	X			X	X		X		X
Artisan smoked bacon Panzerotti	X	X			X			X		X
Artisan smoked bacon Panzerotti with vegan cheese	X	X			X			X		X

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Panzerotti	X	X			X			X		
Chicken parmigiana (no sides)	X				X			X		
Salmon pesto	X					X		X	X	
Promo automne 2025										
Gnocchis philly	X	X			X			X	X	
Linguine cacio e pepe	X							X	X	
Crispy raviolis	X	X			X		X	X		
Raviolis wagyu	X	X						X	X	
Crispy spaghetti	X				X			X	X	
Apple pie	X							X		
Lunch menu rapido										
Fried chicken fillets					X			X		
Chicken, bacon, & pesto sandwich	X							X	X	
Pizza style sandwich	X	X						X		
Drinks										
Soft drink (Pepsi)										
Soft drink (Diet Pepsi)										
Chocolate oat drink										
Unsweetened oat beverage										
Unsweetened vanilla oat beverage										
Guru										
Milk	X									
Chocolate milk	X									
Apple juice										
Orange juice										

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Desserts										
Beignes d'antan honey glaze doughnuts without coulis	X							X		
Classic Brownie	X	X		X	X			X		
Hercule chocolate cake	X	X			X			X	X	
Timeless cheese cake without coulis	X	X			X			X		
Velvety carrot cake without coulis	X	X			X			X		
Homestyle sugar pie	X	X			X			X		
Lunch desserts										
Beignes d'antan honey glaze doughnuts without coulis	X							X		
Classic Brownie	X	X		X	X			X		
Velvety carrot cake without coulis	X	X			X			X		